

Goodwins Main Menu Spring Summer 2018 Allergen Report

We prepare our food in kitchens with products containing gluten and nuts as well as other allergens. The allergy data detailed in the table below has been derived from supplier specifications on the allergenic ingredients that have intentionally been added to the final food product. We have taken all reasonable steps to ensure that this table is accurate. We CANNOT guarantee that any product is "100% FREE FROM" any allergen due to the risk of cross contamination risk in production, supply and preparation. If you suffer from sensitive trace reactions for stated allergens, please be aware that we are unable to guarantee suitability for you.

Please make yourself known to our staff and inform them of your allergy every time you dine with us, even if you have eaten the dish before, so that every possible precaution can be taken in our kitchens to prevent cross contamination and if product substitutions are in place our staff can make you aware of these.

Please be aware that the information below is provided to us by our suppliers, however due to preparation methods within our kitchens, we are unable to guarantee Vegan suitability of our deep fried products. Please speak to the team for further information.

** Tree Nuts indicates the presence of the following:- almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts and their respective derivatives

* Gluten is a protein component of wheat, rye, barley, kamut, spelt & oats

YES Vegan / Vegetarian	YES in the column indicates that the information that has been supplied to us indicates the product is suitable for Vegan/Vegetarian
NO Vegan / Vegetarian	NO in the column indicates that the information that has been supplied to us indicates the product is NOT suitable for Vegan/Vegetarian
NO	Is not listed as an ingredient, but please note that absence in the final product cannot be guaranteed, due to cross contamination risks in production, supply and preparation
NO*	Indicates that whilst gluten is not a listed ingredient, due to the fryers being used for breaded products there is an increased cross contamination risk
YES	Indicates that the product CONTAINS that allergen and is a listed ingredient by the supplier
Some dishes have multiple options available when ordering. The allergen outcomes for each option is listed below the dish. Please bear this in mind when ordering and add the allergen outcome for each choice to your overall meal.	

Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Goodwins - SS18 Core Menu	Starters	Mixed Bread Box (v)	Total Allergen Outcome	No	Yes	Yes (Wheat, Barley, Rye)	No	No	No	No	No	No	Yes	No	No	No	Yes	Yes
Goodwins - SS18 Core Menu	Starters	Stilton Stuffed Olives	Total Allergen Outcome	No	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Starters	Cheddar Stuffed Olives (v)	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Starters	Giant Green Olives (v)	Total Allergen Outcome	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Starters	Homemade Nachos (v)	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Starters	Farmhouse Chicken Liver Pâté - Please select your bread choice listed below	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	Yes	No	No	Yes	No	Yes	No	No	No
Goodwins - SS18 Core Menu	Starters	Bread - Malted Bloomer		Yes	Yes	Yes (Wheat, Barley, Rye)	No	No	No	No	No	No	No	No	No	No	Yes	No
Goodwins - SS18 Core Menu	Starters	Bread - White Bloomer		Yes	Yes	Yes (Wheat, Barley)	No	No	No	No	No	No	No	No	No	No	Yes	No
Goodwins - SS18 Core Menu	Starters	Stilton & Peppercorn Mushrooms (v)	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	Yes	No	No	No	Yes	No	Yes	No	Yes	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Goodwins - SS18 Core Menu	Starters	Homemade Soup Of The Day, Please speak to a member of the team for today's flavour choice - Please also select your bread choice below	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	Yes	No	No	No	No	Yes	No	No	No	No	Yes
Goodwins - SS18 Core Menu	Starters	Bread - Malted Bloomer		Yes	Yes	Yes (Wheat, Barley, Rye)	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Goodwins - SS18 Core Menu	Starters	No gluten Brown Seeded Loaf		No	Yes	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Starters	Bread - White Bloomer		Yes	Yes	Yes (Wheat, Barley)	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Goodwins - SS18 Core Menu	Starters	Bubble & Squeak And Poached Egg	Total Allergen Outcome	No	No	Yes (Wheat, Barley, Oat)	No	No	No	No	Yes	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Starters	Panko-Crumbed Calamari †	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	Yes	No	Yes	No	No	No	Yes	Yes	No	Yes	No
Goodwins - SS18 Core Menu	Starters	Crispy Chicken Wings - Please select your sauce choice listed below	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Starters	Spicy Ketchup - Goodwins		Yes	Yes	No	No	No	Yes	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Starters	Sriracha Chilli Sauce		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Starters	East Coast IPA BBQ Sauce		Yes	Yes	Yes (Barley)	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Starters	Beetroot Carpaccio	Total Allergen Outcome	No	Yes	No	Yes (Walnuts)	No	Yes	No	No	No	No	Yes	No	Yes	No	No	No
Goodwins - SS18 Core Menu	Starters	Thai Steak Salad	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	Yes	Yes	Yes
Goodwins - SS18 Core Menu	Starters	Goodwin's Sharer - Please select your bread choice listed below	Total Allergen Outcome	No	No	Yes (Wheat, Barley, Rye)	No	No	No	No	Yes	No	No	Yes	No	Yes	No	No	Yes
Goodwins - SS18 Core Menu	Starters	Bread - Malted Bloomer		Yes	Yes	Yes (Wheat, Barley, Rye)	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Goodwins - SS18 Core Menu	Starters	Bread - White Bloomer		Yes	Yes	Yes (Wheat, Barley)	No	No	No	No	No	No	No	No	No	No	No	Yes	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Goodwins - SS18 Core Menu	Mains	Grilled Cod Loin †	Total Allergen Outcome	No	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Mains	House Mixed Grill - Please select your side choice listed below	Total Allergen Outcome	No	No	Yes (Wheat, Barley, Oat)	No	No	No	No	Yes	Yes	No	Yes	No	Yes	Yes	Yes	Yes
Goodwins - SS18 Core Menu	Mains	Goodwins Spiralsed House Salad		Yes	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
Goodwins - SS18 Core Menu	Mains	Goodwins Triple Cooked Chips		Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Mains	Classic Burger	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	Yes	No	Yes	No	No	Yes	No	Yes	Yes	Yes	Yes
Goodwins - SS18 Core Menu	Mains	Classic Burger - Naked	Total Allergen Outcome	No	No	No*	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes
Goodwins - SS18 Core Menu	Mains	Cheese & Bacon Burger	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	Yes	No	Yes	No	No	Yes	No	Yes	Yes	Yes	Yes
Goodwins - SS18 Core Menu	Mains	Cheese & Bacon Burger - Naked	Total Allergen Outcome	No	No	No*	No	No	Yes	No	No	No	No	Yes	No	No	No	No	Yes
Goodwins - SS18 Core Menu	Mains	Buttermilk Chicken Burger - Please select your side choice listed below	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	Yes	No	Yes	No	No	Yes	No	Yes	Yes	Yes	No
Goodwins - SS18 Core Menu	Mains	Buttermilk Chicken Burger - Naked	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	Yes	No	No	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Mains	Asian Spiced Chicken Burger	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	Yes	No	Yes	No	No	Yes	No	Yes	Yes	Yes	No
Goodwins - SS18 Core Menu	Mains	Asian Spiced Chicken Burger - Naked	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	Yes	No	No	No	No	Yes	No	No	No	Yes	No
Goodwins - SS18 Core Menu	Mains	BBQ Beef Stack Burger	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	No	No	Yes	No	No	Yes	No	Yes	Yes	Yes	Yes
Goodwins - SS18 Core Menu	Mains	BBQ Beef Stack Burger - Naked	Total Allergen Outcome	No	No	Yes (Barley)	No	No	No	No	No	No	No	Yes	No	No	No	No	Yes
Goodwins - SS18 Core Menu	Mains	Goodwin's Fish Pie †	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	Yes	Yes	No	Yes	No	Yes	Yes	No	No	Yes	No
Goodwins - SS18 Core Menu	Mains	Goodwin's Steak & Ale Pie**- Please select your side choice listed below	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	Yes	No	Yes	No	No	Yes	No	No	No	Yes	Yes

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Goodwins - SS18 Core Menu	Mains	Goodwins Triple Cooked Chips		Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Mains	Lamb Weston Homestyle Mash		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Mains	Goodwin's Classic Cod And Chips - Small † - Please select your side choice listed below	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	No	No	Yes	Yes	No	No	No	Yes	No	Yes	No
Goodwins - SS18 Core Menu	Mains	Crushed Peas		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Mains	Garden Peas		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Mains	Goodwin's Classic Cod And Chips - Large † - Please select your side choice listed below	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	No	No	Yes	Yes	No	No	No	Yes	No	Yes	No
Goodwins - SS18 Core Menu	Mains	Crushed Peas		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Mains	Garden Peas		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Mains	Sea Bass & Scallop Risotto †**	Total Allergen Outcome	No	No	No	No	No	Yes	Yes	No	Yes	No	Yes	Yes	No	No	No	Yes
Goodwins - SS18 Core Menu	Mains	Stuffed Aubergine (v)	Total Allergen Outcome	Yes	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	Yes
Goodwins - SS18 Core Menu	Mains	Chicken & Bacon Caesar Salad †	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	No	No	Yes	Yes	No	Yes	No	Yes	No	No	No
Goodwins - SS18 Core Menu	Mains	Watermelon & Feta Stacked Salad Jar	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	Yes	No	No	Yes
Goodwins - SS18 Core Menu	Mains	7oz Flattened Rump	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	No	No	No	Yes	No	No	No	Yes	No	Yes	No
Goodwins - SS18 Core Menu	Mains	Goodwins Spiralsed House Salad		Yes	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
Goodwins - SS18 Core Menu	Mains	Goodwins Triple Cooked Chips		Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Goodwins - SS18 Core Menu	Mains	8oz 28-Day-Matured Sirloin - Please select your side choice listed below	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	No	No	No	Yes	No	No	No	Yes	No	Yes	No
Goodwins - SS18 Core Menu	Mains	Goodwins Spiralsed House Salad		Yes	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
Goodwins - SS18 Core Menu	Mains	Goodwins Triple Cooked Chips		Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Mains	10oz 28-Day-Matured Ribeye - Please select your side choice listed below	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	No	No	No	Yes	No	No	No	Yes	No	Yes	No
Goodwins - SS18 Core Menu	Mains	Goodwins Spiralsed House Salad		Yes	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
Goodwins - SS18 Core Menu	Mains	Goodwins Triple Cooked Chips		Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Mains	7oz 14-Day-Matured Fillet - Please select your side choice listed below	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	No	No	No	Yes	No	No	No	Yes	No	Yes	No
Goodwins - SS18 Core Menu	Mains	Goodwins Spiralsed House Salad		Yes	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
Goodwins - SS18 Core Menu	Mains	Goodwins Triple Cooked Chips		Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Mains	10oz Hanger Steak - Please select your side choice listed below	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	No	No	No	Yes	No	No	No	Yes	No	Yes	No
Goodwins - SS18 Core Menu	Mains	Goodwins Spiralsed House Salad		Yes	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
Goodwins - SS18 Core Menu	Mains	Goodwins Triple Cooked Chips		Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Mains	Chicken Breast - Please select your side choice listed below	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	No	No	No	Yes	No	No	No	Yes	No	Yes	No
Goodwins - SS18 Core Menu	Mains	Goodwins Spiralsed House Salad		Yes	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
Goodwins - SS18 Core Menu	Mains	Goodwins Triple Cooked Chips		Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Mains	Pork Ribeye - Please select your side choice listed below	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	No	No	No	Yes	No	No	No	Yes	No	Yes	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Goodwins - SS18 Core Menu	Mains	Goodwins Spirallised House Salad		Yes	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
Goodwins - SS18 Core Menu	Mains	Goodwins Triple Cooked Chips		Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Mains	Tuna Steak - Please select your side choice listed below	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	Yes	No	No	Yes	No	No	No	Yes	No	Yes	No
Goodwins - SS18 Core Menu	Mains	Goodwins Spirallised House Salad		Yes	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
Goodwins - SS18 Core Menu	Mains	Goodwins Triple Cooked Chips		Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Mains	Gammon Steak - Please select your side choice listed below	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	No	No	Yes	Yes	No	No	No	Yes	No	Yes	No
Goodwins - SS18 Core Menu	Mains	Goodwins Spirallised House Salad		Yes	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
Goodwins - SS18 Core Menu	Mains	Goodwins Triple Cooked Chips		Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Mains	Chicken & Roasted Woodland Mushroom Pie - Please select your side choice listed below	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	Yes	No	Yes	No	No	Yes	No	Yes	No	Yes	Yes
Goodwins - SS18 Core Menu	Mains	Goodwins Triple Cooked Chips		Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Mains	Homestyle Mash		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Mains	Avocado & Chorizo Burger	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	Yes	No	Yes	No	No	Yes	No	Yes	Yes	Yes	Yes
Goodwins - SS18 Core Menu	Mains	Avocado & Chorizo Burger - Naked	Total Allergen Outcome	No	No	No*	No	No	Yes	No	No	No	No	No	No	No	No	No	Yes
Goodwins - SS18 Core Menu	Mains	Hunter's Chicken - Please select your side choice listed below	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	No	No	No	No	No	Yes	No	Yes	No	Yes	No
Goodwins - SS18 Core Menu	Mains	Goodwins Spirallised House Salad		Yes	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
Goodwins - SS18 Core Menu	Mains	Goodwins Triple Cooked Chips		Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Goodwins - SS18 Core Menu	Mains	Thai Steak Salad	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	Yes	Yes	Yes
Goodwins - SS18 Core Menu	Mains	Beef Lasagne	Total Allergen Outcome	No	No	Yes (Wheat, Barley, Rye)	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No
Goodwins - SS18 Core Menu	Mains	Steak Sandwich - Please select your side choice listed below	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	No	No	No	No	No	Yes	No	Yes	No	Yes	No
Goodwins - SS18 Core Menu	Mains	Goodwins Spiralsed House Salad		Yes	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
Goodwins - SS18 Core Menu	Mains	Goodwins Triple Cooked Chips		Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Mains	Classic Cheese Burger	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	Yes	No	Yes	No	No	Yes	No	Yes	Yes	Yes	Yes
Goodwins - SS18 Core Menu	Mains	Classic Cheese Burger - Naked	Total Allergen Outcome	No	No	No*	No	No	Yes	No	No	No	No	Yes	No	No	No	No	Yes
Goodwins - SS18 Core Menu	Mains	Lamb Shank	Total Allergen Outcome	No	No	Yes (Barley)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Mains	Rump Steak Fondue - Please select your side choice listed below	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	Yes	No	No	No	No	Yes	No	Yes	Yes	Yes	Yes
Goodwins - SS18 Core Menu	Mains	Goodwins Spiralsed House Salad		Yes	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
Goodwins - SS18 Core Menu	Mains	Goodwins Triple Cooked Chips		Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Mains	Butchers Stuffed Steak - Please select your side choice listed below	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	Yes	No	No	Yes	No	Yes	No	Yes	No	Yes	No
Goodwins - SS18 Core Menu	Mains	Goodwins Spiralsed House Salad		Yes	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
Goodwins - SS18 Core Menu	Mains	Goodwins Triple Cooked Chips		Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Mains	Salmon Fillet †	Total Allergen Outcome	No	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Mains	14oz Cote De Boeuf - Please select your side choice listed below	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	No	No	No	No	No	Yes	No	Yes	Yes

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Goodwins - SS18 Core Menu	Mains	Goodwins Spiralsed House Salad		Yes	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
Goodwins - SS18 Core Menu	Mains	Goodwins Triple Cooked Chips		Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Mains	Seafood Grill †	Total Allergen Outcome	No	No	No	No	No	Yes	No	No	Yes	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Mains	Veggie Mezze (v)	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	Yes	Yes	No	Yes
Goodwins - SS18 Core Menu	Mains	Summer Super Salad (v)	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes
Goodwins - SS18 Core Menu	Mains	Grilled Falafel Burger (v)	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	Yes	No	Yes	No	No	Yes	No	Yes	Yes	Yes	Yes
Goodwins - SS18 Core Menu	Mains	Grilled Falafel Burger (v) - Naked	Total Allergen Outcome	Yes	Yes	No*	No	No	Yes	No	No	No	No	No	No	No	Yes	No	Yes
Goodwins - SS18 Core Menu	Side Orders	Triple-Cooked Gourmet Chips (v)	Total Allergen Outcome	Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Sea Salt & Rosemary Fries (v)	Total Allergen Outcome	Yes	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Mushroom & Stilton Topped Fries (v)	Total Allergen Outcome	No	Yes	No*	No	No	Yes	No	No	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Mushroom & Stilton Topped Chips (v)	Total Allergen Outcome	No	Yes	No*	No	No	Yes	No	No	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	BBQ Beef Burnt Ends Topped Chips	Total Allergen Outcome	No	No	Yes (Barley)	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	BBQ Beef Burnt Ends Topped Fries	Total Allergen Outcome	No	No	Yes (Barley)	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	BBQ Burnt Ends Topper	Total Allergen Outcome	No	No	Yes (Barley)	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Bread And Butter (v) - Please select your bread choice listed below	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Bread - Malted Bloomer		Yes	Yes	Yes (Wheat, Barley, Rye)	No	No	No	No	No	No	No	No	No	No	No	Yes	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Goodwins - SS18 Core Menu	Side Orders	Bread - White Bloomer		Yes	Yes	Yes (Wheat, Barley)	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Goodwins - SS18 Core Menu	Side Orders	Mac & Cheese (v)	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Cauliflower Cheese (v)	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Onion Loaf (v)	Total Allergen Outcome	Yes	Yes	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Garlic Ciabatta (v)	Total Allergen Outcome	No	Yes	Yes (Wheat, Rye)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Garlic Ciabatta With Cheddar Cheese And Mozzarella (v)	Total Allergen Outcome	No	Yes	Yes (Wheat, Rye)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Buttered Green Vegetables (v)	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	Yes	No
Goodwins - SS18 Core Menu	Side Orders	No Gluten Bread and Butter (v)	Total Allergen Outcome	No	Yes	No	No	No	No	No	Yes	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Free-Range Bernaise	Total Allergen Outcome	No	Yes	No	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	Yes
Goodwins - SS18 Core Menu	Side Orders	Peppercorn	Total Allergen Outcome	No	Yes	No	No	No	Yes	No	No	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Cheese Fondue Sauce	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	Yes	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Diane	Total Allergen Outcome	No	Yes	No	No	No	Yes	No	No	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Beef Dripping Gravy	Total Allergen Outcome	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes
Goodwins - SS18 Core Menu	Side Orders	Chicken Gravy	Total Allergen Outcome	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Fiery Sriracha	Total Allergen Outcome	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	East Coast IPA BBQ Sauce	Total Allergen Outcome	Yes	Yes	Yes (Barley)	No	No	No	No	No	No	No	No	No	No	No	No	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Goodwins - SS18 Core Menu	Side Orders	Extra Bacon	Total Allergen Outcome	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Extra Red Rice Red Cabbage	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	Yes
Goodwins - SS18 Core Menu	Side Orders	Extra 5oz Rump	Total Allergen Outcome	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Extra Chicken	Total Allergen Outcome	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Extra Halloumi	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Extra Cheese	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Extra Cream	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Extra Custard	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Extra Sausage	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes
Goodwins - SS18 Core Menu	Side Orders	Extra Egg	Total Allergen Outcome	No	Yes	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Extra Ice-Cream - Please select your ice cream flavour listed below	Total Allergen Outcome																
Goodwins - SS18 Core Menu	Side Orders	Ice Cream - Treacle Toffee		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Chocolate Ice Cream		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	Yes	No
Goodwins - SS18 Core Menu	Side Orders	Ice Cream - Clotted Cream		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Extra Burger	Total Allergen Outcome	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	Yes
Goodwins - SS18 Core Menu	Side Orders	Add Hot & Smoky Seasoning	Total Allergen Outcome	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Goodwins - SS18 Core Menu	Side Orders	Butchers Stuffed Steak Topper	Total Allergen Outcome	No	Yes	No	No	No	Yes	No	No	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Fondue Sauce Trade Up	Total Allergen Outcome	No	No	No	No	No	Yes	No	No	No	No	Yes	No	Yes	No	No	Yes
Goodwins - SS18 Core Menu	Side Orders	Hunter's Topper	Total Allergen Outcome	No	No	Yes (Barley)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Mashed Potato	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Garlic & Herb Pan-Fried Mushrooms	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	Yes	No
Goodwins - SS18 Core Menu	Side Orders	Onion Rings	Total Allergen Outcome	Yes	Yes	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Goodwins - SS18 Core Menu	Side Orders	House Coleslaw	Total Allergen Outcome	No	Yes	No	No	No	No	No	Yes	No	No	No	No	Yes	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Spiralised Salad	Total Allergen Outcome	Yes	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Smashed Avocado & Chilli	Total Allergen Outcome	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Rice & Cabbage Salad	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	Yes
Goodwins - SS18 Core Menu	Side Orders	Halloumi Fries	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	No	No	No	Yes	No	No	No	Yes	No
Goodwins - SS18 Core Menu	Side Orders	Hawaiian Pineapple & Egg Topper	Total Allergen Outcome	No	Yes	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Chorizo & Avocado Topper	Total Allergen Outcome	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Chimichurri	Total Allergen Outcome	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Mango, Pineapple & Chilli	Total Allergen Outcome	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Goodwins Steak Ketchup	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	No	No	No	Yes	No	No	No	Yes	No	Yes	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Goodwins - SS18 Core Menu	Side Orders	Pulled Pork Topper	Total Allergen Outcome	No	No	Yes (Barley)	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Summer Salad - Red Rice Red Cabbage Topper	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	No	No	Yes	No	No	Yes
Goodwins - SS18 Core Menu	Side Orders	Summer Salad - 8oz Rump Steak Topper	Total Allergen Outcome	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Summer Salad - Chargrilled Chicken Topper	Total Allergen Outcome	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Side Orders	Summer Salad - Halloumi Topper	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Desserts	Banoffee Pie (v)	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	No	No	No	Yes	No	No	No	Yes	No
Goodwins - SS18 Core Menu	Desserts	Cheesecake Cookie Dough (v)	Total Allergen Outcome	No	Yes	Yes (Wheat, Barley, Oat)	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	No
Goodwins - SS18 Core Menu	Desserts	Sticky Toffee & Date Pudding (v)	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Desserts	Fresh Berry Sundae (v)	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Desserts	Triple Chocolate Brownie (v) - Please select your side choice listed below	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	No
Goodwins - SS18 Core Menu	Desserts	Cream Double Fresh		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Desserts	Ice Cream - Clotted Cream		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Desserts	Cheese Board (v)	Total Allergen Outcome	No	Yes	Yes (Wheat, Rye)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Desserts	Cheesecake Bomb	Total Allergen Outcome	No	Yes	Yes (Wheat, Barley, Oat)	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	Yes
Goodwins - SS18 Core Menu	Desserts	Jam Roly-Poly Crumble (v)	Total Allergen Outcome	No	Yes	Yes (Wheat, Oat)	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	No
Goodwins - SS18 Core Menu	Desserts	3 Scoops Of Ice Cream Or Sorbet (v) - Please select your ice cream choice listed below	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	Yes	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Goodwins - SS18 Core Menu	Desserts	Ice Cream - Vegan		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins - SS18 Core Menu	Desserts	Ice Cream - Treacle Toffee		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Desserts	Lemon Curd Sorbet		No	Yes	No	No	No	No	No	Yes	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Desserts	Chocolate Ice Cream		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	Yes	No
Goodwins - SS18 Core Menu	Desserts	Ice Cream - Clotted Cream		No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Goodwins - SS18 Core Menu	Desserts	Ice Cream - Chocolate Pudding		No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	No
Goodwins - SS18 Core Menu	Desserts	Rich Chocolate & Coconut Torte (vg)	Total Allergen Outcome	Yes	Yes	No	Yes (Almonds, Cashews, Hazelnuts, Walnuts)	No	No	No	No	No	No	No	No	No	No	Yes	No
Goodwins - SS18 Core Menu	Desserts	Cheese Board Sharer (v)	Total Allergen Outcome	No	Yes	Yes (Wheat, Rye)	No	No	No	No	No	No	No	Yes	No	No	No	No	No