

Goodwins Brunch Menu Spring Summer 2018 Allergen Report

We prepare our food in kitchens with products containing gluten and nuts as well as other allergens. The allergy data detailed in the table below has been derived from supplier specifications on the allergenic ingredients that have intentionally been added to the final food product. We have taken all reasonable steps to ensure that this table is accurate. We CANNOT guarantee that any product is "100% FREE FROM" any allergen due to the risk of cross contamination risk in production, supply and preparation. If you suffer from sensitive trace reactions for stated allergens, please be aware that we are unable to guarantee suitability for you. Please make yourself known to our staff and inform them of your allergy every time you dine with us, even if you have eaten the dish before, so that every possible precaution can be taken in our kitchens to prevent cross contamination and if product substitutions are in place our staff can make you aware of these.

Please be aware that the information below is provided to us by our suppliers, however due to preparation methods within our kitchens, we are unable to guarantee Vegan suitability of our deep fried products. Please speak to the team for further information.

** Tree Nuts indicates the presence of the following:- almonds, brazils, cashews, hazelnuts, macadamias, pecans, pistachios, walnuts and their respective derivatives

* Gluten is a protein component of wheat, rye, barley, kamut, spelt & oats

YES Vegan / Vegetarian	YES in the column indicates that the information that has been supplied to us indicates the product is suitable for Vegan/Vegetarian
NO Vegan / Vegetarian	NO in the column indicates that the information that has been supplied to us indicates the product is NOT suitable for Vegan/Vegetarian
NO	Is not listed as an ingredient, but please note that absence in the final product cannot be guaranteed, due to cross contamination risks in production, supply and preparation
NO*	Indicates that whilst gluten is not a listed ingredient, due to the fryers being used for breaded products there is an increased cross contamination risk
YES	Indicates that the product CONTAINS that allergen and is a listed ingredient by the supplier
Some dishes have multiple options available when ordering. The allergen outcomes for each option is listed below the dish. Please bear this in mind when ordering and add the allergen outcome for each choice to your overall meal.	

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Goodwins Brunch Menu	Brunch	Traditional Breakfast - Please select your Egg choice listed below	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes
Goodwins Brunch Menu	Brunch	Scrambled Egg		No	Yes	No	No	No	No	No	Yes	No	No	Yes	No	No	No	No	No
Goodwins Brunch Menu	Brunch	Poached Egg		No	Yes	Yes (Barley)	No	No	No	No	Yes	No	No	No	No	No	No	No	No
Goodwins Brunch Menu	Brunch	Free Range Fried Egg		No	Yes	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No
Goodwins Brunch Menu	Brunch	Vegetarian Breakfast	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	No
Goodwins Brunch Menu	Brunch	Buttermilk Pancakes, Blueberries & Maple Syrup	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	No
Goodwins Brunch Menu	Brunch	Egg Benedict	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	No
Goodwins Brunch Menu	Brunch	Egg Royale	Total Allergen Outcome	No	No	Yes (Wheat, Barley)	No	No	No	No	Yes	Yes	No	Yes	No	No	No	Yes	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Goodwins Brunch Menu	Brunch	Bacon, Sausage & Egg Butty - Please select your bread choice listed below	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	Yes
Goodwins Brunch Menu	Brunch	Bread - Malted Bloomer		Yes	Yes	Yes (Wheat, Barley, Rye)	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Goodwins Brunch Menu	Brunch	No Gluten Brown Seeded Loaf		No	Yes	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No
Goodwins Brunch Menu	Brunch	Ciabatta		Yes	Yes	Yes (Wheat, Barley, Rye)	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins Brunch Menu	Brunch	Brioche Bun		No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	Yes	Yes	No
Goodwins Brunch Menu	Brunch	Bacon & Egg Butty - Please select your bread choice listed below	Total Allergen Outcome	No	No	No	No	No	No	No	Yes	No	No	Yes	No	No	No	No	No
Goodwins Brunch Menu	Brunch	Bread - Malted Bloomer		Yes	Yes	Yes (Wheat, Barley, Rye)	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Goodwins Brunch Menu	Brunch	No Gluten Brown Seeded Loaf		No	Yes	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No
Goodwins Brunch Menu	Brunch	Ciabatta		Yes	Yes	Yes (Wheat, Barley, Rye)	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins Brunch Menu	Brunch	Brioche Bun		No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	Yes	Yes	No
Goodwins Brunch Menu	Brunch	Sausage & Egg Butty - Please select your bread choice listed below	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	No	Yes	Yes
Goodwins Brunch Menu	Brunch	Bread - Malted Bloomer		Yes	Yes	Yes (Wheat, Barley, Rye)	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Goodwins Brunch Menu	Brunch	No Gluten Brown Seeded Loaf		No	Yes	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No
Goodwins Brunch Menu	Brunch	Ciabatta		Yes	Yes	Yes (Wheat, Barley, Rye)	No	No	No	No	No	No	No	No	No	No	No	No	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Goodwins Brunch Menu	Brunch	Brioche Bun		No	Yes	Yes (Wheat)	No	No	No	No	Yes	No	No	Yes	No	No	Yes	Yes	No
Goodwins Brunch Menu	Brunch	Breakfast Surf & Turf	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	Yes	Yes	No	Yes	No	No	No	Yes	No
Goodwins Brunch Menu	Brunch	Smashed Avocado & Egg on Toast - Please select your egg and bread choice listed below	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	Yes	No	No
Goodwins Brunch Menu	Brunch	Scrambled Egg		No	Yes	No	No	No	No	No	Yes	No	No	Yes	No	No	No	No	No
Goodwins Brunch Menu	Brunch	Poached Egg		No	Yes	Yes (Barley)	No	No	No	No	Yes	No	No	No	No	No	No	No	No
Goodwins Brunch Menu	Brunch	Free Range Fried Egg		No	Yes	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No
Goodwins Brunch Menu	Brunch	Bread - Malted Bloomer		Yes	Yes	Yes (Wheat, Barley, Rye)	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Goodwins Brunch Menu	Brunch	Bread - White Bloomer		Yes	Yes	Yes (Wheat, Barley)	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Goodwins Brunch Menu	Brunch	No Gluten Brown Seeded Loaf		No	Yes	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No
Goodwins Brunch Menu	Brunch	Ciabatta		Yes	Yes	Yes (Wheat, Barley, Rye)	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins Brunch Menu	Brunch	Smoked Salmon & Scrambled Eggs - Please select your bread choice listed below	Total Allergen Outcome	No	No	No	No	No	No	No	Yes	Yes	No	Yes	No	No	No	No	No
Goodwins Brunch Menu	Brunch	Bread - Malted Bloomer		Yes	Yes	Yes (Wheat, Barley, Rye)	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Goodwins Brunch Menu	Brunch	Bread - White Bloomer		Yes	Yes	Yes (Wheat, Barley)	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Goodwins Brunch Menu	Brunch	No Gluten Brown Seeded Loaf		No	Yes	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Goodwins Brunch Menu	Brunch	Clabatta		Yes	Yes	Yes (Wheat, Barley, Rye)	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins Brunch Menu	Brunch	Porridge with Honey, Maple Syrup or Jam Please select from below	Total Allergen Outcome	No	Yes	Yes (Oat)	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Goodwins Brunch Menu	Brunch	Jam - Strawberry		No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins Brunch Menu	Brunch	Maple Syrup		Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins Brunch Menu	Brunch	Clear Honey		No	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins Brunch Menu	Kids Breakfast	English Breakfast Kids - Please select your egg choice listed below	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes
Goodwins Brunch Menu	Kids Breakfast	Breakfast Scrambled Egg		No	Yes	No	No	No	No	No	Yes	No	No	Yes	No	No	No	No	No
Goodwins Brunch Menu	Kids Breakfast	Poached Egg		No	Yes	Yes (Barley)	No	No	No	No	Yes	No	No	No	No	No	No	No	No
Goodwins Brunch Menu	Kids Breakfast	Free Range Fried Egg		No	Yes	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No
Goodwins Brunch Menu	Kids Breakfast	Veggie Breakfast Kids -Please select your egg choice listed below	Total Allergen Outcome	No	Yes	Yes (Wheat)	No	No	No	No	No	No	No	Yes	No	No	No	Yes	No
Goodwins Brunch Menu	Kids Breakfast	Breakfast Scrambled Egg		No	Yes	No	No	No	No	No	Yes	No	No	Yes	No	No	No	No	No
Goodwins Brunch Menu	Kids Breakfast	Poached Egg		No	Yes	Yes (Barley)	No	No	No	No	Yes	No	No	No	No	No	No	No	No
Goodwins Brunch Menu	Kids Breakfast	Free Range Fried Egg		No	Yes	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No
Goodwins Brunch Menu	Kids Breakfast	Kids Boiled Egg and Soldiers - Please select your bread choice listed below	Total Allergen Outcome	No	Yes	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Goodwins Brunch Menu	Kids Breakfast	Bread - Malted Bloomer		Yes	Yes	Yes (Wheat, Barley, Rye)	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Goodwins Brunch Menu	Kids Breakfast	Bread - White Bloomer		Yes	Yes	Yes (Wheat, Barley)	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Goodwins Brunch Menu	Kids Breakfast	Beans on Toast Kids -Please select your bread choice listed below	Total Allergen Outcome	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins Brunch Menu	Kids Breakfast	Bread - Malted Bloomer		Yes	Yes	Yes (Wheat, Barley, Rye)	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Goodwins Brunch Menu	Kids Breakfast	Bread - White Bloomer		Yes	Yes	Yes (Wheat, Barley)	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Goodwins Brunch Menu	Extras	Pancake Topper Bacon	Total Allergen Outcome	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins Brunch Menu	Extras	Extra Bacon	Total Allergen Outcome	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins Brunch Menu	Extras	Extra Egg	Total Allergen Outcome	No	Yes	No	No	No	No	No	Yes	No	No	No	No	No	No	No	No
Goodwins Brunch Menu	Extras	Extra Hash Browns	Total Allergen Outcome	No	Yes	No*	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins Brunch Menu	Extras	Extra Mushrooms	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No
Goodwins Brunch Menu	Extras	Extra Plum Tomato	Total Allergen Outcome	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins Brunch Menu	Extras	Extra Sausage	Total Allergen Outcome	No	No	Yes (Wheat)	No	No	No	No	No	No	No	No	No	No	No	Yes	Yes
Goodwins Brunch Menu	Extras	Extra Beans	Total Allergen Outcome	Yes	Yes	No	No	No	No	No	No	No	No	No	No	No	No	No	No
Goodwins Brunch Menu	Extras	Toast v - Please select your bread choice listed below	Total Allergen Outcome	No	Yes	No	No	No	No	No	No	No	No	Yes	No	No	No	No	No

	Category	Dish Name	Total Allergen Outcome	Suitable for Vegans	Suitable for Vegetarians	Contains Gluten*	Contains Tree Nuts**	Contains Peanuts	Contains Celery	Contains Crustaceans	Contains Egg	Contains Fish	Contains Lupin	Contains Milk	Contains Molluscs	Contains Mustard	Contains Sesame Seed	Contains Soya	Contains Sulphur Dioxide / Sulphites
Goodwins Brunch Menu	Extras	Bread - Malted Bloomer		Yes	Yes	Yes (Wheat, Barley, Rye)	No	No	No	No	No	No	No	No	No	No	No	Yes	No
Goodwins Brunch Menu	Extras	Bread - White Bloomer		Yes	Yes	Yes (Wheat, Barley)	No	No	No	No	No	No	No	No	No	No	No	Yes	No